MEDICAL WELLNESS

VITUS | IHHT ALTITUDE TRAINING
Longevity RECHARGE | Omega-3
CONSULTATION | VITAMIN C

Pain relief | Balance

Rejuvenation
COMPLEXION | RADIANCE
HARMONY OF FACIAL FEATURES

COLLAGEN STIMULATION

Beauty | REGENERATION

Strengthening | SUPPORT
PERSONALISED TREATMENT PLANNING
AESTHETIC ACUPUNCTURE

RELAXED FOREHEAD
WRINKLE SMOOTHING

FACIAL EXPRESSION | MUSCLES
Individual posture exercises

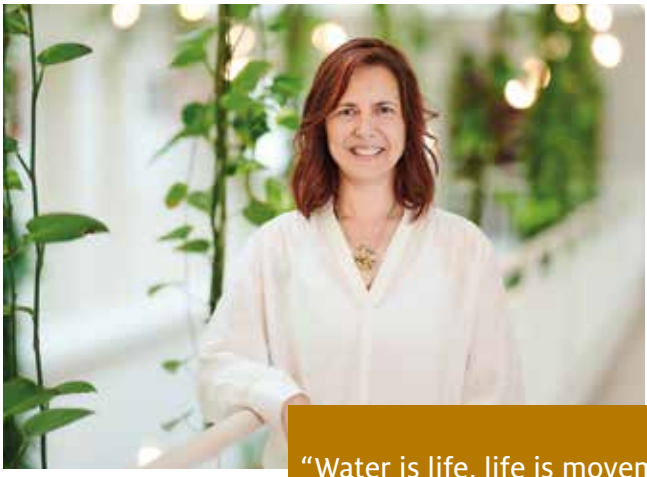
Muskulatur | Taking time
Achieving results
NEW THERAPEUTIC APPROACHES

DER STEIRER HOF
Bad Waltersdorf

OUR DOCTOR

DR. EDITH ELEONORE WEGSCHEIDER

General Practitioner | Aesthetics
Acupuncture



"Water is life, life is movement. Water and life in motion are the source of beauty in nature."

"My goal is to develop a form of 'Wellbeing Medicine' rooted in tradition and combined with modern medicine."

This holistic offering is based on three pillars:

» Contemporary general medicine
» Traditional approaches (TCM and acupuncture)
» Highly effective non-invasive or minimally invasive aesthetic treatments

Our aim is to help our guests achieve greater physical, mental and emotional wellbeing, as well as greater inner and outer satisfaction.

DER STEIRER HOF
Bad Waltersdorf

INSTITUTE FOR PREVENTIVE MEDICINE AND PHYSIOTHERAPY

THE STEIRERHOF RECREATION

COLD | ALTITUDE AIR CELLULAR ENERGY

Vitus Core Cooling
approx. 20 min, € 28

IHHT Check
approx. 10 min, € EUR 25

IHHT Altitude Training
approx. 50 min, € 89

Surcharge for an in-room visit
€ 50

Brief medical report
€ 50



Die Steirerhof
Recreation
Damals wie heute: gelebte Longevity.
★★★★★

MEDICAL PREVENTION & CARE

From preventive health examinations
to medical support during a spa stay.

Brief intervention
approx. 10 min, € 25

Medical care
approx. 20 min, € 50

Medical consultation
approx. 40 min, € 100

Medical consultation
approx. 50 min, € 125

Spirometry (lung function test)
approx. 20 min, € 50

Resting ECG
approx. 20 min € 50

Exercise ECG (ergometry)
approx. 40 min, € 100

DURING SPA STAYS
Initial examination,
including assessment of findings
approx. 40 min, € 100

Interim examination for stays
of two weeks or longer
approx. 20 min, € EUR 50

Final consultation
approx. 20 min, € 50

Medical letter for insurance
€ 50

Health check
approx. 90 min total, € 200,–

Extended health check,
including additional exercise ECG
approx. 110 min, € 250,–

Laboratory diagnostics
The price depends on the laboratory tests performed.
Advance booking is requested.

HOLISTIC PAIN THERAPY

ORTHOMOLECULAR INFUSION THERAPY

Infusions work effectively and directly, helping to relieve pain, strengthen and restore balance.

Simple infusion
approx. 30 min, € 73

Complex infusion
approx. 45 min, € 101

Double infusion
approx. 60 min, € 121

Special infusions
approx. 100 min, € 194

Each infusion is available as a single treatment or as part of a course of treatments.

ACUPUNCTURE TREATMENTS

Acupuncture has pain-relieving, harmonising and rejuvenating effects.

Acupuncture
approx. 50 min, € 103

Special acupuncture
approx. 50 min, € 111

Neural acupuncture
approx. 60 min, € 144

MORE INFORMATION

AESTHETICS

SKIN REMODELLING

MEDICAL MICRONEEDLING

Harmonious blending of scars, reduction of stretch marks and acne scars, and improvement of skin texture in cases of enlarged pores. Smoothing of fine lines and correction of pigmentation irregularities.

SkinPen® Precision
approx. 40 min, € 250

SkinPen® Scar Combo
approx. 50 min, € 300

SkinPen® Full Face
approx. 60 min, € 300

SkinPen® Face Combo
approx. 70 min, € 350

BIOSTIMULATION WITH RADIESSE®

Facial treatment for targeted facial contouring, aesthetic harmonisation of facial features and correction of facial wrinkles.

Facial treatment with diluted Radiesse®
approx. 60 min, € 600,–

DER STEIRER HOF
Bad Waltersdorf

Institut für Vorsorgemedizin und Physiotherapie

TREATMENT WITH BOTULINUM TOXIN A

An effective medical method
for treating frown lines.

Smoothing of the entire forehead area
approx. ca. 30 min, € 360,–

HYALURONIC ACID FILLERS

Treatment of facial wrinkles, enhancement of individual facial features and correction of volume loss (age- or stress-related).

Treatments in the facial area
approx. 50 min, from € 400

Natural lip treatment
approx. 50 min, from € 400

Before every aesthetic treatment,
an individual consultation is carried out.
Approx. 20 min | EUR 51

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